

Moon Time Bathing Ritual

A Sacred Bathing Ritual to Bless and Heal the Womb - The Ovaries, Uterus, and Yoni

This is a gift and a ceremony from the Holy Mothers for Blessing and Healing the Womb during Moon Time

First Cleanse the space with Mugwort (or Sage or Palo Santo) and set sacred space by calling upon the Gradians, Gatekeepers, call to the beloved Holy Mothers of Creation, Mother Mary, and the Cosmic Mother of the Universe

Prayer to the Divine Mother of Creation

The Divine Mother is everywhere. She is in Everything. She is the Divine Essence that lives within all beings. Her domain is the field of life, for she gives to all beings the sustenance that is needed for life. Her beauty lives in the natural world, and spans the Universes in all their splendor. She has been called by many names, for all traditions recognize her. Into each consciousness, the knowledge is given of the sacredness of life. This sacredness is the Mother. She is the Holy generator of the physical world, joined to the heart and soul of every living thing. All of the earth is one with her. She is the mother of all, the one who bestows all gifts of life. Her gifts come to the deserving and to the non-deserving alike, for the sun does not choose upon whom to shine. She is the source of Divine blessing the part of the Oneness that bestows the grace that fills life. She is the Fabric of Time itself the means by which all things grow. She is the template for life that exists within her. She is the substance and form of all that shall ever come to be.

Holy Mother, Holy Divine Mother of Creation Awake in Me

- ◆ Gather the sacred holy womb plants; Motherwort, Violet, Rose and Ponies (these can be dried or fresh)
- ◆ Connect with each plant, calling on the spirit and asking each one to bless your Holy Womb with Light, Love and Healing energy. Give thanks to each plant.
- ◆ In a pot designated for sacred bathing, gather water (spring water if possible) and bless the water with your love, through your words, speaking words of love to the water, or singing a song.

Beautiful Holy Water, Pure and True, water of life I love you. Absorb the light of the plants on this sacred day, to bless the womb of creation inside me, cleans and purify and fill me up with light so I may give birth to life

- ◆ Gently hold the plants in your hands, connect with each one from your heart space, holding your intention to bless the womb. Put the plants into the water and begin to sing the songs of the plants, or say a prayer for their assistance.

Beautiful Holy Womb Plants, Mothers of the womb, Bless the waters of my womb with your light and love, cleansing and clearing them of low vibration energy, fill them and bless them with love of the Holy Mother.

Motherwort – Cleans, and Bless my Holy Womb, the shakti energy, awaken the wisdom and energy to give birth to life, strengthen, and awaken courage, bring your nourishment into my Holy Womb.

Violet – Cleans and Bless my Holy Womb, awaken intuition and creativity, abundance, and nourishment

Rose – Bless and fill the womb with love, unconditional love

Ponies – Bless and awaken the wisdom the power to give birth to life

- ◆ Allow the plants to brew over low heat for 12 Minutes
- ◆ During this time draw a bath and light a candle
- ◆ When the sacred bathing waters are ready pour them into the bathwater
- ◆ Enter the waters of life and Allow the Holy Mothers and the Holy Womb Plants to bless you
- ◆ Relax and connect with your womb allowing all tensions to flow into the waters of life to be cleansed
- ◆ Breathe, allow the light of the plants to touch your womb, blessing you, cleansing you and filling you up with beautiful love, light.
- ◆ Be in stillness and silence with your womb, Love yourself deeply.
- ◆ Close the ceremony though giving thanks to the Holy Mothers and Plants.